

Prayer and Imagination – March 24 - Questions to Ponder:

1. Who taught you to pray? What did they teach about how to pray? Do you still use those techniques today?
2. Are your prayers filled with words, images, silence, or a mixture?
3. For what or whom do you most often pray?
4. Has your preferred way to pray changed over time? If so, how?
5. Dr. Allison states that technology and ubiquitous screens have diminished our attention spans, so much so that it is difficult for many people to sit still and concentrate. How might this affect one's ability to pray?
6. If you were asked to teach another adult to pray, what things would be most important to explain or impart?